

2018 New Jersey Swimming LC Junior Olympics

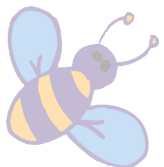
Fly over starts will be used during prelims and age group sessions

In the event that the competition pool is not available, warm-up will begin in the patio pool.

Positive check-in for 800/1500 freestyles and all relays.

WARM-UP ASSIGNMENTS AND SESSION TIMES FOR THURSDAY AND FRIDAY

	THURSDAY PRELIMS <u>Session 1</u> 13/OVERS PRELIMS			THURSDAY AGE GROUP <u>SESSION 2</u> 12/UNDERS		FRIDAY PRELIMS <u>SESSION 4</u> 13/OVERS PRELIMS			FRIDAY AGE GROUP <u>SESSION 5</u> 12/UNDERS	
	I	II	III	I	II	I	II	III	I	II
	7:15AM	7:40AM	8:05AM	12:45PM	1:10PM	7:15AM	7:40AM	8:05AM	12:00PM	12:25PM
LANE 1	SVY	RBY	CAT/MYM/SHY	WFY	PAA/PPST/HACY/SRAY	SCAR-W	XCEL	SVY	WFY	LHY/WY
LANE 2	SVY	MCSC	BB/MEY/RANY	LHY	STAC/NJBL/WY/MEY	SCAR-W & E	LHY	SVY	SCAR-W	SVY/TWST
LANE 3	SCAR-R	PAA	RY/STAC/PPST/PTAC	SCAR-W	FSPY/CBGC/MDY/MAY	SCAR-R	RBY	EEX/BB/FOBY	SCAR-R & B	XCEL/SWAC
LANE 4	SCAR-R & W	SCAR-B & E	WY/EAG/FOBY/HCY	SCAR-R & B	RBY/SHY/OCY	SCAR-R & B	JFAC/PPST	MYM/STAC/CCC	SCAR-E/BB/CJAC	PAA/HACY/HCY
LANE 5	SCAR-W	CJAC	MAY/NJB/OCY/TAC	SCAR-E/BB/EAG	CAT/JFAC/TWST	FSPY/WAVE	WFY/SAY	HCY/MDY/MAY	FSPY/MYM/MEY	STAC/CBGC/MCSC
LANE 6	XCEL	FSPY	ACE/EEX/HACY/NJRC	SVY/NJRC/AQRC	MYM/RY/RANY	MCSC/EAG/TWST	WY/OCY/RY	TAC/PTAC/SWAC	RBY/RY/NJRC	WAVE/ACE/EAG
LANE 7	XCEL/WW	JFAC/WAVE	ALL	XCEL/HCY/SWAC	PTAC/MCSC/LIFE	PAA/SRAY	SHY/RANY/TAC	ALL	SHY/PTAC/BGH	CAT/RANY/PPST
LANE 8	LHY	WFY/SAY	OTHERS	WAVE/ACE/CJAC	ALL OTHERS	CJAC/MEY/NJB	CAT/NJRC	OTHERS	JFAC/LIFE/NJBL	ALL OTHERS
	CHECK-IN BY 8:00AM START AT 8:35AM			CHECK-IN 1:05PM		CHECK-IN BY 8:00AM START AT 8:35AM			CHECK-IN 12:20PM	



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WARM-UP ASSIGNMENTS AND SESSION TIMES FOR SATURDAY AND SUNDAY

	SATURDAY PRELIMS		SATURDAY AGE GROUP		SUNDAY PRELIMS			SUNDAY 1500's	
	Session 7		SESSION 8		SESSION 10			Session 11	Session 12
	13/OVERS PRELIMS		12/UNDERS		13/OVERS PRELIMS			1500'S	1500'S
	I	II	I	II	I	II	III	13/OVER	12/UNDERS
	7:15AM	7:45AM	12:30PM	12:55PM	7:15AM	7:40AM	8:05AM	11:00AM	3:00PM
LANE 1	SCAR-W	RBY/SAY	WFY	PAA/PPST/HCY	SCAR-W	XCEL	SCY	(APPROX)	(APPROX)
LANE 2	SCAR-W & B	SVY/MYM/RANY/WY	LHY/MAY	XCEL/NJBL/WW	SCAR-W	XCEL	SVY	ALL	ALL
LANE 3	SCAR- R & E	SVY	SVY/BGH	WAVE/RANY	SCAR-R	RBY	FSPY/MCSC/SDSC	S	S
LANE 4	PAA/CAT	XCEL/WW	SCAR-W	STAC/ACE/CBGC	SCAR-B & E	JFAC	CAT/STAC/MEY	W	W
LANE 5	WFY/CJAC	LHY/OCY	SCAR-R & B & E	FSPY/MYM	EEX/MYM/BB	LHY	RY/SHY/FOBY/MAY	I	I
LANE 6	JFAC/MCSC	FSPY/RY/MAY	RY/CAT	OCY/SAY/MCSC	OCY/RANY/SAY	PAA/HACY/LIFE	PPST/PTAC/TAC/WW	M	M
LANE 7	STAC/SHY/EEX/SRAY	MEY/PPST/PTAC/SWAC	RBY/PTAC	MDY/MEY/WY/TWST	SWAC/WAVE/RA/TWST	CJAC/MDY/NJB	ACE/CCC/HCY/NJRC	M	M
LANE 8	FOBY/BB/HCY/TAC	ALL OTHERS	SHY/JFAC/LIFE/EAG	ALL OTHERS	BGCD/BWTD/CBGC/EAG	WFY/WY/RVYM	ALL OTHERS	E	E
CHECK-IN BY 7:45AM START AT 8:35AM			CHECK-IN 12:50PM		CHECK-IN BY 8:00AM START AT 8:35AM			R	R
								S	S
								WILL	WILL
								NOT	NOT
								START	START
								BEFORE	BEFORE
								11:30AM	3:15PM
								WARM-UP MIGHT START IN THE PATIO POOL	
								SWIMMERS PROVIDE COUNTER AND TIMER	

2018 JO SCHEDULE					
DAY	SESSION	WARM-UP	CHECK-IN	START	COMMENT
THUR.	PRELIMS	7:15AM	7:55AM	8:35AM	
	AGE GROUP	12:45PM	1:05PM	1:40PM	TENTATIVE
	FINALS	5:30PM	RELAYS	6:20PM	
FRI.	PRELIMS	7:15AM	8:00AM	8:35AM	
	AGE GROUP	12:00PM	12:20PM	12:55PM	TENTATIVE
	FINALS	5:30PM	RELAYS	6:20PM	
SAT.	PRELIMS	7:15AM	7:45AM	8:20AM	2 WARM-UPS
	AGE GROUP	12:30PM	12:50PM	1:25PM	TENTATIVE
	FINALS	6:00PM	RELAYS	6:50PM	
SUN.	PRELIMS	7:15AM	7:55AM	8:35AM	
	13/OVER	1500'S	TBA	10:55AM	NOT BEFORE
	11/12'S	1500'S	TBA	2:40PM	NOT BEFORE
	FINALS	5:00PM	RELAYS	5:50PM	TENTATIVE

